



**entrust**  
Inspiring Futures

In partnership  
with



**edwards and ward**  
a recipe for success

## Welcome to your new catering provider Edwards and Ward

ALLERGENS &  
SPECIAL DIETS  
CATERED FOR

Dear parent/carers,

It is with great pleasure that Edwards and Ward can introduce itself as the new lunch provider in your school from September 2023.

At Edwards and Ward we are committed to providing a nutritious and innovative menu using high quality ingredients. We aim to continuously develop our food and service to exceed your expectations and we will do this by communicating with both parents and pupils regularly.

We have enclosed a copy of the new September menu with this letter. If your child is in Primary school and has special dietary requirements due to a diagnosed allergy, intolerance or medical condition, please register their details by completing the special diets registration on our website.

We are passionate about our service and really look forward to working with the school and pupils to create a dining experience that the children will look forward to,

In September we will be inviting children who always bring a packed lunch to come and try our lunch instead, so they can see how delicious they are.

We hope you all have a wonderful summer break and look forward to welcoming you back in September.

★  
**THEME  
DAYS**  
★

KEEP AN EYE OUT FOR SOME  
FUN THEME DAYS THAT WE  
WILL BE RUNNING OVER  
THE COMING YEAR...

**Edwards and Ward Ltd**

Web: [www.edwardsandward.co.uk](http://www.edwardsandward.co.uk)

Info: [info@edwardsandward.co.uk](mailto:info@edwardsandward.co.uk)

The Old Stables, Whitehill Road, Crowborough,  
East Sussex, TN6 1JP



## DID YOU KNOW?

We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.



## FREE SCHOOL MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by £458 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



## SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website [www.edwardsandward.co.uk](http://www.edwardsandward.co.uk) for a full list of FAQs and to complete our online form.



# MENU

AUTUMN/WINTER

2023-24

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## WEEK ONE

MONDAY

Mac & Cheese (V) **or**  
Mixed Bean Chilli with Rice (Ve)(Wg)  
Jacket Potato with a Choice of Filling  
**Rainbow Veg**  
Scoop of Vanilla Ice Cream (V)

TUESDAY

Mild & Sweet Chicken Curry with Rice (Wg)  
**or** Margherita Pizza with Jacket Wedges (V)  
Jacket Potato with a Choice of Filling  
**Sweetcorn & Peppers, Cauliflower**  
Apple Crumble (Ve)(Wg) with Custard (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**  
Chickpea & Veggie Puff with Roasties (Ve)  
Jacket Potato with a Choice of Filling  
**Broccoli, Sliced Carrot**  
Strawberry Jelly & Peaches (Ve)

THURSDAY

Tuna & Pea Pesto Pasta (Wg)  
**or** Penne with Tomato Super Sauce (Ve)  
Jacket Potato with a Choice of Filling  
**Green Beans, Swede**  
Chocolate Mousse with Pears (V)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Falafel Wrap with Mint Yoghurt & Chips (V)  
Jacket Potato with a Choice of Filling  
**Baked Beans, Garden Peas**  
Flapjack (Ve)

4/9/23, 25/9/23, 16/10/23, 6/11/23, 27/11/23, 18/12/23, 8/1/24,  
29/1/24, 19/2/24, 11/3/24

## WEEK TWO

Vegetable Lasagne (V) **or**  
Lentil & Mushroom Keema Curry with Rice (Ve)  
Jacket Potato with a Choice of Filling  
**Rainbow Veg**  
Scoop of Vanilla Ice Cream (V)

Chicken Paella (Wg)  
**or** Margherita Pizza with Jacket Wedges (V)  
Jacket Potato with a Choice of Filling  
**Sweetcorn, Green Beans**  
Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy **or**  
Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)  
Jacket Potato with a Choice of Filling  
**Cauliflower, Carrot Batons**  
Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato Sauce (Wg)  
**or** Penne with Classic Tomato Sauce (Ve)(Wg)  
Jacket Potato with a Choice of Filling  
**Cabbage, Garden Peas**  
Banana Custard (V)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Vegeball Marinara Sub with Chips (V)  
Jacket Potato with a Choice of Filling  
**Baked Beans, Garden Peas**  
Chocolate Shortbread (Ve)

11/9/23, 2/10/23, 23/10/23, 13/11/23, 4/12/23, 25/12/23, 15/1/24,  
5/2/24, 26/2/24, 18/3/24

## WEEK THREE

Pizza Mac & Cheese (V) **or**  
Mild Sweet Potato & Chickpea Curry with Rice (Ve)  
Jacket Potato with a Choice of Filling  
**Rainbow Veg**  
Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg)  
**or** Margherita Pizza with Jacket Wedges (V)  
Jacket Potato with a Choice of Filling  
**Sweetcorn, Green Beans**  
Peach & Pineapple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy **or**  
Veggie Sausage Toad in the Hole with Roasties & Gravy (V)  
Jacket Potato with a Choice of Filling  
**Cabbage, Sliced Carrot**  
Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg)  
**or** Penne with Beany Bolognese (Ve)(Wg)  
Jacket Potato with a Choice of Filling  
**Swede, Shredded Carrots**  
Chocolate Mousse with Mandarins (V)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Garden Vegetable Goujons with Chips (Ve)  
Jacket Potato with a Choice of Filling  
**Baked Beans, Garden Peas**  
Iced Shortbread (Ve)

18/9/23, 9/10/23, 30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24,  
12/2/24, 4/3/24, 25/3/24

V - Vegetarian Ve - Vegan Wg - Wholegrain

Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily

